



St Aubyns School Lunch Menu



THE Brookwood PARTNERSHIP LIMITED	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 3					
The Main Event	Meat Free Monday Pasta Shapes With a Choice of Sauces	Oodles of Noodles Sweet not Sour Marinated Pork	Trads Tender Lamb and Barley Hotpot	Going Prawn Crackers Chicken in a creamy Curry Sauce	Gone Fishing MSC Oven Baked Fish Fingers with Lime Mayo
Meat Free Zone	Tomato and Vegetable Or Creamy Cheese	Quorn and Crunchy Vegetables with Blackbean Sauce	Potato and Leek Vegetable Bake	Crunchy Vegetable Stir Fry	Homemade Cheese and Red Onion Flan
And To Go With	Garlicky Bread Sweetcorn	Plain Noodles Stir Fry Cabbage With Beanshoots	Seasonal Fresh Vegetables	Rice ' n ' Peas Prawn Crackers	Chunky Chips Baked Beans Broccoli Trees
Scrummy Puds	Chocolate & Orange Sponge With Choccy Sauce	Frosted Topped Carrot Cake	Homemade Strawberry Cheesecake	Arctic Roll	Exotic Fresh Fruit Platter

**Available Daily: Homemade Yoghurt with Fruity Toppings.....
 Fresh Fruit Platter.....Chunky Bread.....100% Fresh Salad Selection and Crudités
 Assorted filled rolls.....Homemade soup is available for seniors and pupils in Years 4 & 5**